

**FOR IMMEDIATE RELEASE
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**Harris County Precinct Three
Hockley Community Center
28515 Old Washington Road
Hockley, Texas 77447**

Hockley Community Center Presents Fall Special Events

In addition to regularly scheduled activities – knitting, crocheting, quilting, oil painting, yoga, stretching, exercise classes, cards and dominoes – Harris County Precinct Three Commissioner Steve Radack’s Hockley Community Center is offering the following events and activities:

Free New Yoga Class

Karen Nurem is now teaching P.M. Yoga on Tuesday evenings from 5 p.m. until 6 p.m. Her class is a combination of various types of yoga and incorporates strengthening, stretching, balancing and relaxation. Ages 12 years and up and all levels, beginner, intermediate and advanced are welcome to attend. Space is limited. Call (713) 274-3220 for more details.

Free Health Screening and Flu Shots

A Christus Health Foundation Health Screening Mobile Unit will be on-site on September 28th from 9:30 a.m. until 12:30 p.m. providing preventative health screenings and flu shots for adults. Registration is required. Call (713) 274-3220 for more information.

African American Dancing

From the Two Step to Line Dancing is the theme of a show on October 1st from 11:15 a.m. until 12 p.m. The Precinct One Senior Dance and Drama Group is presenting this free program. Seating is limited. Sign-up is required. Call (713) 274-3220.

After Show Luncheon

Hand in the ticket you received when you registered for the *African American Dancing* show on October 1st. You will get the chance to visit with the performers and enjoy a simple free lunch.

Genealogy Classes

Join Pat Jameson on October 3rd, November 7th and December 5th from 12:30 p.m. until 2:30 p.m. as she continues teaching her series of genealogy research classes. Call (713) 274-3220 to register.

Senior Soap Box Derby Championship

It will be fun runs for Seniors on October 5th at the Soap Box Derby Hill after this year’s championship winner has been determined in the race-off at 9 a.m. All are invited to join the fun either racing or watching. The Hockley Race Team is meeting at the Community Center at 8:45 a.m. before race-off starts. Call (713) 274-3220 for more information and to register.

iPhone Class for Seniors

On October 8th from 1 p.m. until 3:30 p.m. Michelle Richardson and Heather Jacobs will make sure you are getting more familiar with your iPhone and all it can do for you. Call (713) 274-3220 to register.

Creepy Crawly Crafts

School-age children are invited to work on crafts for Halloween on October 8th from 5:30 p.m. until 7 p.m. Call (713) 274-3220 for details and to register.

Whodunit Book Club

Come share your thoughts about the book *Lethal Bayou Beauty* by Jana Deleon on October 9th from 11:30 a.m. until 12:30 p.m. You can bring a brown bag lunch or snack to eat while discussing this volume in the *Miss Fortune* series. The third book in the series, *Swamp Sniper*, will be the topic of the club's meeting on November 13th. Call (713) 274-3220 for more information.

Growing Orchids

On October 12th, November 9th and December 7th from 1 p.m. until 1:30 p.m. learn about watering, feeding, positioning and repotting orchids. Bring your ailing orchids to class and get tips from James Nelson on how to bring them back to a healthy state. Space is limited. Call (713) 274-3220 to register.

Share and Sample Fall Foods

On October 15th from 12 p.m. until 1:30 p.m. everyone is invited to share dishes that feature fall fruit and/or vegetables as ingredients. Also bring your recipe for sharing. Call (713) 274-3220 for more information.

Holiday Wreath Centerpiece

On October 18th from 10:30 a.m. until 12:30 p.m. Neemesys Magee is showing how easy it is to put together a stunning mesh wreath for the upcoming holiday season. Class is limited to 15 participants. Call (713) 274-3220 to register.

Senior Bus Trip to Brenham

Seniors can now sign up to see the annual Bluebonnet Opry Fall Polka Show on October 18th. The bus departs at 4:30 p.m. and will take participants to Chappell Hill Bakery and Deli for dinner before the show starts at 7:30 p.m. at the Silver Wings Ballroom in Brenham. Admission is \$7. Registration is required. Call (713) 274-3220 for more information.

History Discussion Group

A monthly discussion group is uncovering history using books, magazines, and movies on October 25th from 1:30 p.m. until 3:30 p.m. All are invited to join and decide which topics to talk about during future meetings. Call (713) 274-3220 to register.

Senior Games and Halloween Celebration

Come dressed in your best Halloween costume on October 26th when Seniors are playing games from 10 a.m. until 3 p.m. Bring your best Halloween food also for the covered dish luncheon that starts around 11:30 a.m.

AARP Smart Driver Course

AARP instructor David Graham is reviewing the rules of the road and defensive driving practices during a class for Seniors on October 29th from 10:30 a.m. until 3 p.m. The course will also cover normal changes in vision, hearing and reaction time that accompany aging. Participants may use the course certificate in applying for a discount in automobile insurance, but it is not eligible for use in dismissing a moving violation ticket. Call (713) 274-3220 or stop by for details and to sign up.

Senior Bus Trip to the International Quilt Festival

Houston is home to one of the world's biggest annual quilt shows. Hockley Community Center is offering a bus trip to this year's show on November 9th. To get admission tickets at the reduced group price of \$9 register by November 2nd. Lunch is on your own on site. Call (713) 274-3220 for more information.

Senior Bus Trip to La Grange

October 1st marks the day Seniors can start signing up to tour the Texas Czech Heritage and Cultural Center (\$3) and visit Monument Hill State Historic Site (free) on November 13th. Lunch is on your own at Sealand Seafood and Steak in La Grange. Call (713) 274-3220 for more information.

Special note:

Hockley Community Center is closed on November 22nd and 23rd in observance of the Thanksgiving Holiday.

Advance registration for special activities is typically requested. An adult must accompany and remain with anyone under the age of 18 visiting the center. The Hockley Community Center is part of the Harris County Precinct Three Recreation Complex at 28515 Old Washington Road in Hockley. A calendar of events is available at the Harris County Precinct Three website at www.pct3.com. For more information, call (713) 274-3220.

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